



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Hesse, Sabrina

Club: Landkreis Nordhausen

Number: 367

Course: 6.60 km

2 Runden 6,6 km

Category:

Frauen

Total time: 40:54

Speed: 8.80 km/h

Running performance: 6:12 min/km

Rank in course/Total: 49 (of 65)

Rank in course/Women: 12 (of 23)

Best time in course: 34:26

Rank in category: 1(of 1)

Best time in the category: 40:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Rundenzeit	3.30	20:04	6:04	1	-	12	2:55	3.30	20:04	6:04	1	-	12	2:55
Finish	3.30	20:50	6:18	1	-	12	3:33	6.60	40:54	6:11	1	-	12	6:28