



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Amir, Mohamed

Total time: 41:24

Number: 998

Speed: 8.70 km/h

Running performance: 6:16 min/km

Course: 6.60 km

Rank in course/Total: 51 (of 65)

2 Runden 6,6 km

Rank in course/Men: 38 (of 42)

Best time in course: 24:07

Category:

Rank in category: 7(of 9)

männliche Jugend U18 (16 und 17 Jahre)

Best time in the category: 28:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	18:33	5:37	7	5:24	33	6:45	3.30	18:33	5:37	7	5:24	33	6:45
Finish	3.30	22:51	6:55	7	7:33	40	10:32	6.60	41:24	6:16	7	12:57	38	17:17