



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Nebelung, Hans Peter

Club: VjB Werther

Number: 548

Course: 6.60 km

2 Runden 6,6 km

Category:

Senioren M50

Total time: 41:27

Speed: 8.69 km/h

Running performance: 6:17 min/km

Rank in course/Total: 52 (of 65)

Rank in course/Men: 39 (of 42)

Best time in course: 24:07

Rank in category: 4(of 4)

Best time in the category: 32:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	20:30	6:12	4	5:06	40	8:42	3.30	20:30	6:12	4	5:06	40	8:42
Finish	3.30	20:57	6:20	4	4:16	38	8:38	6.60	41:27	6:16	4	9:22	39	17:20