



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Franke, Marcel

Club: TsG Jena

Number: 492

Course: 9.90 km

3 Runden 9,9 km

Category:

Männer

Total time: 42:15

Speed: 12.78 km/h

Running performance: 4:16 min/km

Rank in course/Total: 12 (of 97)

Rank in course/Men: 12 (of 74)

Best time in course: 36:01

Rank in category: 2(of 8)

Best time in the category: 42:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	13:53	4:12	3	10:02	14	10:02	3.30	13:53	4:12	3	10:02	14	10:02
Rundenzeit	3.30	13:43	4:09	1	-	5	1:43	6.60	27:36	4:10	3	6:11	10	6:11
Finish	3.30	14:39	4:26	2	0:02	15	2:25	9.90	42:15	4:16	2	0:13	13	8:10