



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Henning, Anna-Sophia

Total time: 43:54

Number: 550

Speed: 8.20 km/h

Running performance: 6:39 min/km

Course: 6.60 km

Rank in course/Total: 56 (of 65)

2 Runden 6,6 km

Rank in course/Women: 17 (of 23)

Category:

Best time in course: 34:26

weibliche Jugend U20 (18 und 19 Jahre)

Rank in category: 1(of 1)

Best time in the category: 43:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	21:50	6:36	1	-	18	4:41	3.30	21:50	6:36	1	-	18	4:41
Finish	3.30	22:04	6:41	1	-	16	4:47	6.60	43:54	6:39	1	-	17	9:28