



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Hussaini, Said Saba

Club: Frohe Zukunft Nordhausen e.V.

Number: 341

Course: 6.60 km

2 Runden 6,6 km

Category:

männliche Jugend U18 (16 und 17 Jahre)

Total time: 46:14

Speed: 7.79 km/h

Running performance: 7:01 min/km

Rank in course/Total: 60 (of 65)

Rank in course/Men: 41 (of 42)

Best time in course: 24:07

Rank in category: 8(of 9)

Best time in the category: 28:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	19:58	6:03	8	6:49	38	8:10	3.30	19:58	6:03	8	6:49	38	8:10
Finish	3.30	26:16	7:57	9	10:58	42	13:57	6.60	46:14	7:00	8	17:47	41	22:07