



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Ostmann, Collin

Club: NSV Boxen

Number: 396

Course: 6.60 km

2 Runden 6,6 km

Category:

männliche Jugend U18 (16 und 17 Jahre)

Total time: 46:53

Speed: 7.68 km/h

Running performance: 7:06 min/km

Rank in course/Total: 61 (of 65)

Rank in course/Men: 42 (of 42)

Best time in course: 24:07

Rank in category: 9(of 9)

Best time in the category: 28:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	21:50	6:36	9	8:41	41	10:02	3.30	21:50	6:36	9	8:41	41	10:02
Finish	3.30	25:03	7:35	8	9:45	41	12:44	6.60	46:53	7:06	9	18:26	42	22:46