



# 12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

## Detailed evaluation

Kindervater, Danny

Club: SV Bielen

Number: 423

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M35

Total time: 49:40

Speed: 10.87 km/h

Running performance: 5:01 min/km

Rank in course/Total: 43 (of 97)

Rank in course/Men: 42 (of 74)

Best time in course: 36:01

Rank in category: 4(of 15)

Best time in the category: 36:01

## Intermediate times

## Stage score

## Total ranking

| Control    | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |  |
|------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
|            |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |  |
| Rundenzeit | 3.30        | 16:11         | 4:54            | 6           | 4:24           | 49          | 12:20         | 3.30          | 16:11         | 4:54            | 6           | 4:24           | 49         | 12:20         |  |
| Rundenzeit | 3.30        | 17:07         | 5:11            | 5           | 5:07           | 45          | 5:07          | 6.60          | 33:18         | 5:02            | 5           | 9:31           | 47         | 11:53         |  |
| Finish     | 3.30        | 16:22         | 4:57            | 3           | 4:08           | 38          | 4:08          | 9.90          | 49:40         | 5:01            | 4           | 13:39          | 43         | 15:35         |  |