



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Wett, Matthias

Club: JugenSozialWerk HPZ-Wülfingerode
Number: 449

Course: 9.90 km
3 Runden 9,9 km

Category:
männliche Jugend U18 (16 und 17 Jahre)

Total time: 51:05

Speed: 10.57 km/h
Running performance: 5:10 min/km

Rank in course/Total: 49 (of 97)

Rank in course/Men: 48 (of 74)

Best time in course: 36:01

Rank in category: 3(of 6)

Best time in the category: 46:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	15:49	4:47	4	1:15	44	11:58	3.30	15:49	4:47	4	1:15	44	11:58
Rundenzeit	3.30	17:51	5:24	3	2:08	52	5:51	6.60	33:40	5:06	3	3:22	48	12:15
Finish	3.30	17:25	5:16	4	1:35	49	5:11	9.90	51:05	5:09	3	4:27	49	17:00