



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Boettcher, Jacqueline

Club: Kleinfurra

Number: 508

Course: 9.90 km

3 Runden 9,9 km

Category:

Frauen

Total time: 51:47

Speed: 10.43 km/h

Running performance: 5:14 min/km

Rank in course/Total: 54 (of 97)

Rank in course/Women: 3 (of 23)

Best time in course: 48:15

Rank in category: 1(of 3)

Best time in the category: 51:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total	Total	Total	Pos	Behind	Pos	Behind
								km	Time	min/km	Cat.	Cat.	Women	Women
Rundenzeit	3.30	16:36	5:01	1	-	3	1:25	3.30	16:36	5:01	1	-	3	1:25
Rundenzeit	3.30	17:41	5:21	2	0:13	3	1:22	6.60	34:17	5:11	2	0:12	3	2:47
Finish	3.30	17:30	5:18	1	-	3	1:00	9.90	51:47	5:13	1	-	3	3:32