



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Böhm, Johanna

Club: RSV Nordhausen

Number: 464

Course: 9.90 km

3 Runden 9,9 km

Category:

Frauen

Total time: 51:50

Speed: 10.42 km/h

Running performance: 5:14 min/km

Rank in course/Total: 55 (of 97)

Rank in course/Women: 4 (of 23)

Best time in course: 48:15

Rank in category: 2(of 3)

Best time in the category: 51:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total	Total	Total	Pos	Behind	Pos	Behind
								km	Time	min/km	Cat.	Cat.	Women	Women
Rundenzeit	3.30	16:37	5:02	2	0:01	4	1:26	3.30	16:37	5:02	2	0:01	4	1:26
Rundenzeit	3.30	17:28	5:17	1	-	2	1:09	6.60	34:05	5:09	1	-	2	2:35
Finish	3.30	17:45	5:22	2	0:15	4	1:15	9.90	51:50	5:14	2	0:03	4	3:35