



# 12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

## Detailed evaluation

Schäfer, Tom

Club: Harztor-Läufer /SV Hannovera e.V.  
Number: 408

Course: 9.90 km  
3 Runden 9,9 km

Category:  
Männer

Total time: 52:16

Speed: 11.36 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 56 (of 97)

Rank in course/Men: 52 (of 74)

Best time in course: 36:01

Rank in category: 7(of 8)

Best time in the category: 42:02

## Intermediate times

## Stage score

## Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	3.30	16:49	5:05	7	12:58	56	12:58	3.30	16:49	5:05	7	12:58	56	12:58
Rundenzeit	3.30	17:38	5:20	8	3:55	50	5:38	6.60	34:27	5:13	7	13:02	54	13:02
Finish	3.30	17:49	5:23	7	3:12	52	5:35	9.90	52:16	5:16	7	10:14	53	18:11