



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Genge, Jennifer

Club: Nordhausen

Number: 460

Course: 9.90 km

3 Runden 9,9 km

Category:

weibliche Jugend U18 (16 und 17 Jahre)

Total time: 53:03

Speed: 10.18 km/h

Running performance: 5:22 min/km

Rank in course/Total: 60 (of 97)

Rank in course/Women: 6 (of 23)

Best time in course: 48:15

Rank in category: 1(of 4)

Best time in the category: 53:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	17:12	5:12	1	-	6	2:01	3.30	17:12	5:12	1	-	6	2:01
Rundenzeit	3.30	17:56	5:26	1	-	6	1:37	6.60	35:08	5:19	1	-	6	3:38
Finish	3.30	17:55	5:25	1	-	5	1:25	9.90	53:03	5:21	1	-	6	4:48