



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Götsch, Elisabeth

Club: Halle

Number: 505

Course: 9.90 km

3 Runden 9,9 km

Category:

Seniorinnen W60

Total time: 53:46

Speed: 11.05 km/h

Running performance: 5:26 min/km

Rank in course/Total: 62 (of 97)

Rank in course/Women: 7 (of 23)

Best time in course: 48:15

Rank in category: 1(of 1)

Best time in the category: 53:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total	Total	Total	Pos	Behind	Pos	Behind
								km	Time	min/km	Cat.	Cat.	Women	Women
Rundenzeit	3.30	17:15	5:13	1	-	7	2:04	3.30	17:15	5:13	1	-	7	2:04
Rundenzeit	3.30	18:04	5:28	1	-	7	1:45	6.60	35:19	5:21	1	-	7	3:49
Finish	3.30	18:27	5:35	1	-	6	1:57	9.90	53:46	5:25	1	-	7	5:31