



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Kutsche, Joachim

Club: LF Hohenstein

Number: 512

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M60

Total time: 53:57

Speed: 10.01 km/h

Running performance: 5:27 min/km

Rank in course/Total: 63 (of 97)

Rank in course/Men: 56 (of 74)

Best time in course: 36:01

Rank in category: 2(of 4)

Best time in the category: 45:02

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Rundenzeit | 3.30 | 17:10 | 5:12 | 2 | 2:34 | 58 | 13:19 | 3.30 | 17:10 | 5:12 | 2 | 2:34 | 58 | 13:19 |
| Rundenzeit | 3.30 | 18:42 | 5:40 | 4 | 3:31 | 63 | 6:42 | 6.60 | 35:52 | 5:26 | 3 | 6:05 | 61 | 14:27 |
| Finish | 3.30 | 18:05 | 5:28 | 2 | 2:50 | 55 | 5:51 | 9.90 | 53:57 | 5:26 | 2 | 8:55 | 57 | 19:52 |