



# 12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

## Detailed evaluation

**Jugelt, Kerstin**

Club: Südharzer Laufshop

Number: 463

Course: 9.90 km

3 Runden 9,9 km

Category:

Seniorinnen W45

Total time: 55:00

Speed: 9.82 km/h

Running performance: 5:34 min/km

Rank in course/Total: 70 (of 97)

Rank in course/Women: 9 (of 23)

Best time in course: 48:15

Rank in category: 1(of 1)

Best time in the category: 55:00

## Intermediate times

## Stage score

## Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.30	17:47	5:23	1	-	11	2:36	3.30	17:47	5:23	1	-	11	2:36
Rundenzeit	3.30	18:32	5:36	1	-	9	2:13	6.60	36:19	5:30	1	-	9	4:49
Finish	3.30	18:41	5:39	1	-	9	2:11	9.90	55:00	5:33	1	-	9	6:45