



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Elter, Carmen

Club: SV Stiege/Harz e.V.

Number: 390

Course: 6.60 km

2 Runden 6,6 km

Category:

Seniorinnen W55

Total time: 57:26

Speed: 6.27 km/h

Running performance: 8:42 min/km

Rank in course/Total: 65 (of 65)

Rank in course/Women: 23 (of 23)

Best time in course: 34:26

Rank in category: 1 (of 1)

Best time in the category: 57:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Rundenzeit	3.30	28:06	8:30	1	-	23	10:57	3.30	28:06	8:30	1	-	23	10:57
Finish	3.30	29:20	8:53	1	-	23	12:03	6.60	57:26	8:42	1	-	23	23:00