



12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

Detailed evaluation

Meschkutat, Sven

Club: Landkreis Nordhausen

Number: 413

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M35

Total time: 1:05:32

Speed: 8.24 km/h

Running performance: 6:37 min/km

Rank in course/Total: 89 (of 97)

Rank in course/Men: 71 (of 74)

Best time in course: 36:01

Rank in category: 14(of 15)

Best time in the category: 36:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.30	20:26	6:11	14	8:39	72	16:35	3.30	20:26	6:11	14	8:39	72	16:35	
Rundenzeit	3.30	22:05	6:41	14	10:05	71	10:05	6.60	42:31	6:26	14	18:44	71	21:06	
Finish	3.30	23:01	6:58	14	10:47	72	10:47	9.90	1:05:32	6:37	14	29:31	72	31:27	