



# 12. NORDHÄUSER CITYLAUF

Nordhausen / 18.09.2016

## Detailed evaluation

**Mund, Nicole**

Club: Einzelkämpfer

Number: 84

Course: 1.10 km

Schnupperlauf

Category:

Seniorinnen W30

Total time: 7:15

Speed: 8.28 km/h

Running performance: 6:35 min/km

Rank in course/Total: 107 (of 132)

Rank in course/Women: 52 (of 61)

Best time in course: 4:36

Rank in category: 1(of 2)

Best time in the category: 7:15