



12. NORDHÄUSER CITYLAUF
Nordhausen / 18.09.2016

Detailed evaluation

Trogisch, Henriette

Club: Ellrich
Number: 78

Course: 1.10 km
Schnupperlauf

Category:
weibliche Kinder U10 (8 und 9 Jahre)

Total time: 6:20

Speed: 9.47 km/h
Running performance: 5:46 min/km

Rank in course/Total: 79 (of 132)

Rank in course/Women: 37 (of 61)

Best time in course: 4:36

Rank in category: 15(of 22)

Best time in the category: 4:55