



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Buchrow, Paula

Club: Werther

Number: 2195

Course: 2.30 km

Schnupperlauf

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 9:05

Speed: 15.19 km/h

Running performance: 3:57 min/km

Rank in course/Total: 1 (of 33)

Rank in course/Women: 1 (of 18)

Best time in course: 9:05

Rank in category: 1(of 3)

Best time in the category: 9:05