



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Gärtner, Wendy

Club: Nordhausen

Number: 183

Course: 7.20 km

Pokallauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 37:17

Speed: 11.59 km/h

Running performance: 5:11 min/km

Rank in course/Total: 34 (of 65)

Rank in course/Women: 3 (of 12)

Best time in course: 36:01

Rank in category: 1(of 4)

Best time in the category: 37:17