



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Schäfer, Tom

Total time: 38:02

Number: 95

Speed: 11.04 km/h

Running performance: 5:17 min/km

Course: 7.20 km

Rank in course/Total: 38 (of 65)

Pokallauf

Rank in course/Men: 35 (of 53)

Best time in course: 14:15

Category:

Rank in category: 5(of 8)

Männer (20-29 Jahre)

Best time in the category: 25:23