



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Meyer, Nils

Club: Team Flash Unlimited

Number: 36

Course: 7.20 km

Pokallauf

Category:

Männer (20-29 Jahre)

Total time: 39:16

Speed: 10.70 km/h

Running performance: 5:27 min/km

Rank in course/Total: 49 (of 65)

Rank in course/Men: 43 (of 53)

Best time in course: 14:15

Rank in category: 7(of 8)

Best time in the category: 25:23