



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Schubert, Hans

Club: Nordhausen

Number: 174

Course: 7.20 km

Pokallauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 40:13

Speed: 10.44 km/h

Running performance: 5:35 min/km

Rank in course/Total: 52 (of 65)

Rank in course/Men: 46 (of 53)

Best time in course: 14:15

Rank in category: 5(of 5)

Best time in the category: 25:14