



## 30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

### Detailed evaluation

Liesegang, Lucie

Club: LV Altstadt 98 Nordhausen

Number: 256

Course: 2.30 km

Schnupperlauf

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 12:17

Speed: 9.77 km/h

Running performance: 5:20 min/km

Rank in course/Total: 13 (of 33)

Rank in course/Women: 5 (of 18)

Best time in course: 9:05

Rank in category: 3(of 3)

Best time in the category: 9:05