



## 30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

### Detailed evaluation

**Krist, Andrea**

Club: NSV, SVN 90

Number: 31

Course: 7.20 km

Pokallauf

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 43:04

Speed: 9.75 km/h

Running performance: 5:59 min/km

Rank in course/Total: 57 (of 65)

Rank in course/Women: 9 (of 12)

Best time in course: 36:01

Rank in category: 1(of 1)

Best time in the category: 43:04