



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Stucke, Marcus

Club: Triathlon Tri Speedys Peine

Number: 19

Course: 3.90 km

Hobbylauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 15:12

Speed: 11.84 km/h

Running performance: 3:54 min/km

Rank in course/Total: 5 (of 42)

Rank in course/Men: 5 (of 27)

Best time in course: 13:21

Rank in category: 1(of 3)

Best time in the category: 15:12