



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Prenzel, Jonas

Club: SV Wacker Rottleberode

Number: 65

Course: 2.30 km

Schnupperlauf

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 12:50

Speed: 10.75 km/h

Running performance: 5:35 min/km

Rank in course/Total: 18 (of 33)

Rank in course/Men: 11 (of 15)

Best time in course: 10:11

Rank in category: 2(of 2)

Best time in the category: 12:08