



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Rausch, Arnold

Club: SV Wacker Rottleberode

Number: 67

Course: 2.30 km

Schnupperlauf

Category:

männliche Jugend U12 (10-11 Jahre)

Total time: 13:02

Speed: 9.21 km/h

Running performance: 5:40 min/km

Rank in course/Total: 20 (of 33)

Rank in course/Men: 12 (of 15)

Best time in course: 10:11

Rank in category: 7(of 7)

Best time in the category: 10:11