



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Holzhaus, Hartmut

Club: SV Herrmannsacker

Number: 93

Course: 3.90 km

Hobbylauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 13:21

Speed: 13.48 km/h

Running performance: 3:25 min/km

Rank in course/Total: 1 (of 42)

Rank in course/Men: 1 (of 27)

Best time in course: 13:21

Rank in category: 1(of 1)

Best time in the category: 13:21