



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Höpker, Carla

Club: Nordhausen

Number: 59

Course: 2.30 km

Schnupperlauf

Category:

weibliche Jugend U10 (8-9 Jahre)

Total time: 13:27

Speed: 8.92 km/h

Running performance: 5:51 min/km

Rank in course/Total: 22 (of 33)

Rank in course/Women: 10 (of 18)

Best time in course: 9:05

Rank in category: 4(of 8)

Best time in the category: 11:06