



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Freiboth, Alexis-Sophia

Club: Nordhausen

Number: 56

Course: 2.30 km

Schnupperlauf

Category:

weibliche Jugend U10 (8-9 Jahre)

Total time: 13:45

Speed: 8.73 km/h

Running performance: 5:59 min/km

Rank in course/Total: 24 (of 33)

Rank in course/Women: 11 (of 18)

Best time in course: 9:05

Rank in category: 5(of 8)

Best time in the category: 11:06