



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Fuchner, Ingo

Club: SV Glückauf Sondershausen

Number: 92

Course: 3.90 km

Hobbylauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 14:08

Speed: 12.74 km/h

Running performance: 3:37 min/km

Rank in course/Total: 2 (of 42)

Rank in course/Men: 2 (of 27)

Best time in course: 13:21

Rank in category: 1(of 6)

Best time in the category: 14:08