



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Gerlach, Sven

Club: LV Altstadt 98 Nordhausen

Number: 271

Course: 3.90 km

Hobbylauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 18:36

Speed: 12.58 km/h

Running performance: 4:46 min/km

Rank in course/Total: 15 (of 42)

Rank in course/Men: 14 (of 27)

Best time in course: 13:21

Rank in category: 1(of 3)

Best time in the category: 18:36