



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Gryphan, Sophie

Club: LV Altstadt 98 Nordhausen

Number: 265

Course: 3.90 km

Hobbylauf

Category:

weibliche Jugend U12 (10-11 Jahre)

Total time: 19:41

Speed: 9.14 km/h

Running performance: 5:03 min/km

Rank in course/Total: 21 (of 42)

Rank in course/Women: 5 (of 15)

Best time in course: 17:20

Rank in category: 3(of 6)

Best time in the category: 17:20