



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Krist, Lenka

Club: NSV, SVN 90

Number: 12

Course: 3.90 km

Hobbylauf

Category:

weibliche Jugend U10 (8-9 Jahre)

Total time: 19:45

Speed: 9.11 km/h

Running performance: 5:04 min/km

Rank in course/Total: 22 (of 42)

Rank in course/Women: 6 (of 15)

Best time in course: 17:20

Rank in category: 1(of 2)

Best time in the category: 19:45