



## 30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

### Detailed evaluation

#### Spangenberg, Tami

Club: LV Altstadt 98 Nordhausen

Number: 264

Course: 3.90 km

Hobbylauf

Category:

weibliche Jugend U12 (10-11 Jahre)

Total time: 19:58

Speed: 11.72 km/h

Running performance: 5:07 min/km

Rank in course/Total: 25 (of 42)

Rank in course/Women: 7 (of 15)

Best time in course: 17:20

Rank in category: 4(of 6)

Best time in the category: 17:20