



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Fütterer, Friedbert

Club: SV1887Gernrode e.v.

Number: 5

Course: 3.90 km

Hobbylauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 21:31

Speed: 8.37 km/h

Running performance: 5:31 min/km

Rank in course/Total: 28 (of 42)

Rank in course/Men: 20 (of 27)

Best time in course: 13:21

Rank in category: 1(of 2)

Best time in the category: 21:31