



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Barthel, Volker

Club: SV Hannovera Niedersachswerfen

Number: 3

Course: 3.90 km

Hobbylauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 19:52

Speed: 9.06 km/h

Running performance: 5:05 min/km

Rank in course/Total: 23 (of 42)

Rank in course/Men: 17 (of 27)

Best time in course: 13:21

Rank in category: 2(of 3)

Best time in the category: 18:36