



## 30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

### Detailed evaluation

**Nebelung, Sophie**

Club: Weißer Ring e.V.

Number: 16

Course: 3.90 km

Hobbylauf

Category:

Frauen (20-29 Jahre)

Total time: 23:30

Speed: 7.66 km/h

Running performance: 6:02 min/km

Rank in course/Total: 35 (of 42)

Rank in course/Women: 12 (of 15)

Best time in course: 17:20

Rank in category: 1(of 1)

Best time in the category: 23:30