



## 30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

### Detailed evaluation

Schlesiger, Hubertus

Club: Nordhausen

Number: 46

Course: 7.20 km

Pokallauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 30:42

Speed: 14.07 km/h

Running performance: 4:16 min/km

Rank in course/Total: 14 (of 65)

Rank in course/Men: 14 (of 53)

Best time in course: 14:15

Rank in category: 1(of 1)

Best time in the category: 30:42