



30. Nordhäuser Silvesterlauf 2016

Nordhausen / 31.12.2016

Detailed evaluation

Schatz, Dominique

Club: SV Kelbra 1920 e.V.

Number: 45

Course: 7.20 km

Pokallauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 34:09

Speed: 12.30 km/h

Running performance: 4:44 min/km

Rank in course/Total: 23 (of 65)

Rank in course/Men: 23 (of 53)

Best time in course: 14:15

Rank in category: 4(of 8)

Best time in the category: 29:01