



28. Ohratalsperrenlauf
Streitberg-Arena Luisenthal / 30.07.2016

Detailed evaluation

Hanf, Benedikt

Club: Ohrdruf
Number: 16

Course: 13.00 km
13 km-Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 55:07

Speed: 14.15 km/h
Running performance: 4:14 min/km

Rank in course/Total: 3 (of 31)

Rank in course/Men: 3 (of 25)

Best time in course: 53:53

Rank in category: 3(of 4)

Best time in the category: 53:53