



28. Ohratalsperrenlauf  
Streitberg-Arena Luisenthal / 30.07.2016

Detailed evaluation

Schönborn, Frank

Club: Lauffreunde Gotha  
Number: 3

Course: 13.00 km  
13 km-Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 57:22

Speed: 13.60 km/h  
Running performance: 4:25 min/km

Rank in course/Total: 4 (of 31)

Rank in course/Men: 4 (of 25)

Best time in course: 53:53

Rank in category: 1(of 5)

Best time in the category: 57:22