



7. Pleß-Berglauf und Bergzeitfahren

Breitungen / 24.04.2016

Detailed evaluation

Zamzow, Stephanie

Club: Rhöner WSV

Number: 994

Course: 6.36 km

Berglauf

Category:

Seniorinnen W55

Total time: 46:00

Speed: 7.83 km/h

Running performance: 7:14 min/km

Rank in course/Total: 69 (of 85)

Rank in course/Women: 15 (of 24)

Best time in course: 28:36

Rank in category: 3(of 3)

Best time in the category: 39:41