



13. Werraenergie Pleßlauf  
Breitungen / 21.08.2016

Detailed evaluation

**Etzrodt, Frauke**

Club: Erfurt  
Number: 32

Course: 10.50 km  
10 km Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:03:42

Speed: 9.42 km/h  
Running performance: 6:04 min/km

Rank in course/Total: 45 (of 66)  
Rank in course/Women: 10 (of 19)  
Best time in course: 42:43

Rank in category: 1(of 2)  
Best time in the category: 1:03:42