



13. Werraenergie Pleßlauf

Breitungen / 21.08.2016

Detailed evaluation

Holland-Moritz, Denny

Club: Rennsteiglaufverein/ LG Süd
Number: 224

Course: 21.10 km
Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:24:44

Speed: 14.87 km/h

Rank in course/Total: 4 (of 64)

Rank in course/Men: 4 (of 53)

Best time in course: 1:15:37

Rank in category: 2(of 3)

Best time in the category: 1:20:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Pleß Kontrolle	13.00	57:21	13.60	2	4:25	4	7:16	13.00	57:21	13.60	2	4:25	4	7:16
Festplatz	8.10	27:23	17.53	2	0:07	5	7:55	21.10	1:24:44	14.87	2	4:32	4	9:07