



13. Werraenergie Pleßlauf  
Breitungen / 21.08.2016

Detailed evaluation

Hampe, Thomas

Club: LAC Rudolstadt  
Number: 68

Course: 10.50 km  
10 km Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:12:28

Speed: 8.28 km/h  
Running performance: 6:54 min/km

Rank in course/Total: 55 (of 66)

Rank in course/Men: 41 (of 47)

Best time in course: 39:26

Rank in category: 4(of 4)

Best time in the category: 51:28