



13. Werraenergie Pleßlauf
Breitungen / 21.08.2016

Detailed evaluation

Ziegler, Hans-Joachim

Club: TSG / WSC 07 Ruhla
Number: 27

Course: 10.50 km
10 km Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:12:40

Speed: 8.26 km/h
Running performance: 6:55 min/km

Rank in course/Total: 56 (of 66)

Rank in course/Men: 42 (of 47)

Best time in course: 39:26

Rank in category: 7(of 7)

Best time in the category: 51:36